



Published on *UNESCO HIV and Health Education Clearinghouse*
(<https://hivhealthclearinghouse.unesco.org>)

Health education for behaviour change: a workbook to improve skills

Amsterdam: Networklearning.org, 2003.

Authors:

Ginneken, Lia Van

Organizations:

Networklearning.org

Edition:

2nd ed.

Description:

This manual is helpful for the people who work in an NGO, a health facility, a water and sanitation programme, or any other project where we need to change behaviour. It starts with the idea that one can only help people to change if they put themselves in the shoes of others. This manual can be used by everyone. It is not aimed at people of any particular country or religion. It is a workbook, meant to be followed by a group of people; one suggestion is to form a working group with other colleagues.

Links:

<http://web.archive.org/web/20060423201922/http://www.networklearning.org/downloa...> [1]

Themes:

[HIV and education](#) [2]

[Sexual and reproductive health](#) [3]

Resource types:

[Toolkits and practical guides](#) [4]

Keywords:

[attitudes](#) [5]

[behaviour](#) [6]

[behaviour change](#) [7]

[family](#) [8]

[health education](#) [9]

[knowledge](#) [10]

[life skills](#) [11]

[sanitation](#) [12]

Languages:

English ^[13]

Record created by:

Bangkok

Source URL: <https://hivhealthclearinghouse.unesco.org/library/documents/health-education-behaviour-change-workbook-improve-skills>

Links

[1] http://web.archive.org/web/20060423201922/http://www.networklearning.org/download/HEBC-workbook_v2.pdf

[2] https://hivhealthclearinghouse.unesco.org/library/search/_all_/theme/hiv-and-education

[3] https://hivhealthclearinghouse.unesco.org/library/search/_all_/theme/sexual-and-reproductive-health

[4] https://hivhealthclearinghouse.unesco.org/library/search/_all_/type/toolkits-and-practical-guides

[5] https://hivhealthclearinghouse.unesco.org/library/search/_all_/keyword/attitudes

[6] https://hivhealthclearinghouse.unesco.org/library/search/_all_/keyword/behaviour

[7] https://hivhealthclearinghouse.unesco.org/library/search/_all_/keyword/behaviour-change

[8] https://hivhealthclearinghouse.unesco.org/library/search/_all_/keyword/family

[9] https://hivhealthclearinghouse.unesco.org/library/search/_all_/keyword/health-education

[10] https://hivhealthclearinghouse.unesco.org/library/search/_all_/keyword/knowledge

[11] https://hivhealthclearinghouse.unesco.org/library/search/_all_/keyword/life-skills

[12] https://hivhealthclearinghouse.unesco.org/library/search/_all_/keyword/sanitation

[13] https://hivhealthclearinghouse.unesco.org/library/search/_all_/language/english