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Grandmother's visit, Chela 1

Nairobi: Phoenix Publishers Ltd, 2006. 64 p.

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Organizations:

Phoenix Publishers Ltd.

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Phoenix Young Readers' Library

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Description:

This document is part of a series of short storybooks for children which are about a 10-year-old girl named Chela. Through her own experiences and the stories of her grandmother, she learns useful lessons of life. The documents introduce issues such as menstruation, sanitary pads, private parts and wet dreams. The four booklets also discuss alcohol, drugs and cigarettes, healthy eating, sexual harassment and abstinence before marriage. They aim to provide basic information on puberty in an easy-to-understand and entertaining manner. They are developed to help children gain knowledge, values and skills to help them become healthy and responsible adults. Each booklet contains a glossary that provides definitions of specific words encountered in the story.

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