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Intervention mapping (IM) toolkit for planning sexuality education programmes: using intervention mapping in planning school-based sexual and reproductive health and rights (SRHR) education programs

Utrecht: World Population Foundation, WPF, 2008. 276 p.

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Notes:

This tool is the first version, and will be tested in various settings, including with a number of South African organizations. Two additional tools are available to supplement this toolkit: Evidence and rights-based planning and support tool for SRHR/HIV prevention interventions for young people, which provides the most important evidence, in a way that is useful for organizations that are working in the day-to-day practice of SRHR education for young people but have limited time and resources. This has been developed by Stop AIDS Now!, World Population Foundation (WPF) and Maastricht University. Checklist for programme officers. Improving the quality of SRHR education programmes for young people, which provides a checklist of 12 characteristics to support donor organizations in developing or assessing project proposals for SRHR education programmes for young people), developed by World Population Foundation (WPF) and Stop AIDS Now! (2009).

Description:

This toolkit translates useful academic models, evidence, theories and other information into a practical 'cookbook', providing many tips, experiences and tools that have been used in projects in Africa and Asia. These projects are aimed at the design, implementation and evaluation of sexuality education programmes for young people. The toolkit uses the intervention mapping model as a framework that helps planners to systematically design health programmes and encourages them to take evidence-based decisions. It is designed primarily for project officers and project staff of governmental organizations and non-governmental organizations (NGOs), working in developing countries on young people's sexual and reproductive health rights (SRHR). It is also useful for researchers and research consultants who are collaborating with NGOs and governmental organizations in curriculum

development. The purpose of this document is to build capacity and make useful, but sometimes difficult, information about effectiveness, research and theory more practical and applicable in the day-to-day setting of planners and implementers. It provides tools, worksheets, examples, experiences and guidelines that have been useful in planning SRHR education for young people. The document is divided into nine chapters. Chapters 1-3 provide an introduction to the manual. The remaining chapters provide background information, guidelines and examples for each of the six steps that are closely linked. After involving all those concerned (step 1), there is a comprehensive analysis of the problem (step 2). This analysis results in detailed objectives (step 3). Next, all the programme activities and materials are studied to see whether every objective has been met (step 4). To make sure the programme is adopted and implemented effectively, any barriers and possible structures and resources are analysed and addressed (step 5). And the end of the process is monitoring and evaluation (step 6).

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