Understanding and challenging HIV stigma. Toolkit for action. Module J. Young people and stigma


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Notes:
This toolkit is a revised version of a research project on "Understanding HIV-related stigma and resulted discrimination" that was conducted in Ethiopia, Tanzania and Zambia from 2001 to 2003. The research was implemented by the International Center for Research on Women (ICRW). The first edition was developed by the CHANGE Project AED and ICRW in partnership with the research institutions and NGOs. The present edition was revised by the International HIV/AIDS Alliance country office in Zambia, building on the original toolkit, and includes experiences of the Alliance's Regional Stigma training Project, which has introduced the toolkit to many countries in Africa through a training of trainers and networking process.

Description:
This document is part of a toolkit written for and by HIV trainers. It has been designed to help trainers plan and organise educational sessions with community leaders or organised groups. The toolkit consists in a collection of participatory training exercises to help people at all levels understand stigma - what it means, why it is an important issue, what its root causes are - and develop strategies to challenge stigma and discrimination. The present document contains the Module J "Young people and stigma". This module is designed to be used mainly with young people who face stigma themselves. The exercises help them identify the particular stigma issues that they face; to analyse the causes and consequences of stigma; to address the link between stigma, gender and sexuality; and also to empower them with skills to cope with stigma and build strategies for change.

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