

Her body, her rights: making sex education work for young women with intellectual disabilities. A case study from Ethiopia

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Organizations:

Light for the World
Community Based Rehabilitation Network Ethiopia
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Description:

Community Based Rehabilitation Network Ethiopia (CBRNE) and Light for the World partnered together to learn how best to provide CBR professionals, service providers and parents the skills they need to reach, teach, inform and discuss with girls with intellectual disabilities about sexuality. As part of the project, CBR organisations attended a three day sensitization workshop, where they discussed the need and possible methodologies to address the sexual and reproductive health needs of women with intellectual disabilities. After a call for proposals, two of the CBR5 organisations were invited to implement a pilot project, through which they were able to try out various activities to reach and teach the young women and their families. This publication presents the key lessons learned on how CBR workers and family members can best support and empower young women with intellectual disabilities when it comes to their sexuality and reproductive health.

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