HIV/AIDS
Teaching/Learning Materials in Asia and the Pacific

AN INVENTORY: ISSUE 1, 2002

UNESCO Regional Clearing House on Population Education and Communication
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HIV/AIDS
Teaching/Learning Materials in Asia and the Pacific: An Inventory
Issue 1, 2002
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INTRODUCTION

This package is the fourth of a series of repackaged products aimed to serve as a vehicle for alerting our users to a wealth of highly valuable educational resources that exist in the field of HIV/AIDS in the context of adolescent reproductive and sexual health. The purpose of the UNESCO Regional Clearing House’s repackaging programme is to bring to the attention of the users valuable information which would never have been read simply because they seem not to be easily accessible. Very few probably know where they are located; or if they can be accessed, they come in either highly technical or unreadable language or understandably, in the national language. Very often, they also come in overwhelming volumes and very poor presentation that discourage reading.

The information consolidation and repackaging strategy of the UNESCO Regional Clearing House addresses this potential waste of resources by reviewing, analysing and selecting the most useful and relevant information, screening out poor information, processing them into more readable language culling out policy and practice implications and repackaging them into various attractive formats that would render themselves easily readable and applicable to decision-making and programme improvements. To implement this strategy, the Regional Clearing House comes out with series of packages which focus on different topics or areas of importance to adolescents, and for the use of teachers, trainers, curriculum developers, school administrators and policy makers. This fourth series focuses on HIV/AIDS educational materials.

The Purpose of this Package

This package is an inventory of educational materials on HIV/AIDS/STDs, used either in the formal or non-formal education sectors.

The impact of AIDS in Asia is staggering. And preventive education for HIV/AIDS has been recognized as one of the strategies that can have both short and long term impact on the prevention and control of HIV/AIDS. In the education sector, there are usually two strategies among many, which had been used to deliver messages on HIV/AIDS prevention: 1) the integration of HIV/AIDS concepts in the curriculum; and the 2) application of co-curricular activities such as peer education, competitions, counselling, youth camps, scouting and the like. In addition to these two, in order to equip teachers with the necessary knowledge and skills to deliver these messages in the classrooms, teacher training programmes are also being implemented. Not only is HIV/AIDS preventive education being offered in the school sector but in the non-formal education sector as well. This myriad of programmes and activities on HIV/AIDS preventive education in many countries have generated a growing body of teaching/learning materials meant for different learners at different levels in order to develop better awareness and understanding of the human toll that HIV/AIDS has taken as well as develop the necessary skills to protect themselves from becoming a part of this human disaster. The growing number of HIV/AIDS educational materials show that there is now a pool of resources that countries can tap whenever there is a need to develop new curriculum and instructional materials. Though they come from different countries and used in different settings, the core messages and basic contents remain the same and the use of life skills approaches are useful to all countries.

The main purpose of this inventory is to serve as a finding tool for those who use teaching/learning materials in educating about HIV/AIDS prevention by assisting them in the identification and selection of materials which they can use in their educational programmes and activities. More specifically, the inventory goes beyond merely providing factual bibliographic information and attempts to present analytical and sometimes evaluative
information for each of the teaching/learning materials in order to assist the users in critically and discriminatingly selecting which materials to use for specific instructional purposes. Thus, the inventory is helpful in the following ways:

- Identifies which materials are suitable for the teachers, trainers, students and other target groups and in what educational or age levels they are meant for
- Categorizes the teaching/learning materials into different types and marks what could be potentially useful based on the topics and school levels they are to be used
- Shows for what purpose these materials have been developed and consequently which materials are useful for which specific objectives
- Examines the approaches or ways these materials are being introduced in education, i.e., integrated into school health subjects; part of family life education or adolescent reproductive health; into non-formal education activities; as separate subject; into training courses; into youth camps, or are purely generic material.
- Analyses the teaching/learning methodologies used especially as to whether some materials are purely textual and lecture-oriented; or participatory-oriented; and uses life skills approaches or a combination of all teaching techniques

**Contents and Organization of the Inventory**

The inventory has been grouped by types of materials which include the following:

- Guideline materials
- Curriculum
- Teaching materials
- Learning materials
- Resource/reading materials
- Training materials
- Support audio-visual materials

Under each of these types of materials are sub-groups by themes or topics such as those dealing with care and counselling; information, education and communication, programme development, AIDS curriculum, life skills, adolescent reproductive health, prevention and care, training, peer education, and the like.

However, in addition to accessing the various teaching/learning materials by types, the documents can also be retrieved by target audience, educational level, introduction methods, methodologies, objectives or specific uses, and geographical coverage through the help of the indexes found at the end of the inventory.

Each document is described according to the following:

1. **Bibliographic information** - includes author, title, publisher, place of publication, date of publication, number of pages

2. **Type of materials** - these include the following:
   - Curriculum/textbooks - these are prescribed curriculum and textbooks emanating from the ministries of education for teaching subjects (syllabuses, textbooks supporting syllabuses or prescribed textbooks for teaching subjects)
- Learning materials – these are materials for students in the school and learners in the out-of-school sector (student's guides, story books, comic books, primers, reading materials, resource books, lessons/activities, etc.)
- Teaching materials – these are materials meant to teach skills and concepts to teachers, administrators, facilitators, health workers, etc. (teachers’ guides; resource books; manuals/handbooks; instructional modules; primers, etc.)
- Training materials – meant to be used for training teachers, administrators, field workers, health care workers, etc. (training manuals, training packages, self-instructional modules, briefing kit, training activities, etc.)
- Support AV materials (like videos, Internet, slides, posters, wall charts, flip charts, leaflets, brochures, pamphlets, badges, models, etc.)
- Reference/generic materials – which are mainly textual and serve as further readings or source books to further enhance and update the knowledge of teachers, field workers, and other educators.

3. **Target users** – these could include:
   - Policy makers and programme administrators
   - School principals and administrators
   - Classroom Teachers
   - Non-formal education teachers/facilitators (includes literacy educators, youth leaders, field workers, labour leaders, etc.)
   - Curriculum planners
   - Instructional materials developers
   - Trainers and resource persons (for both in-school and out-of-school)
   - Peer educators (for both in-school and out-of-school)
   - Counsellors
   - Health workers or HIV/AIDS care providers (nurses, social workers, etc.)
   - Police and army
   - Communicators/motivators
   - Community volunteers
   - Opinion leaders (influential people such as parliamentarians, village political leaders, religious leaders, community leaders, cultural leaders, etc.)
   - Mass media personnel
   - Students
   - Girl guides/girls scouts
   - Out-of-school youth
   - HIV-positive and AIDS people
   - Drug users
   - Neo literates
   - Commercial sex workers
   - Migrant workers
   - Factory workers
   - People living with HIV/AIDS
   - Others
4. Objectives - refers to its specific uses such as for:

- Policy making and programme formulation
- Management/administration/supervision
- Awareness and advocacy/promotion
- Teaching/instruction (for both formal and non-formal)
- Training/seminar/workshop
- Self-instructional
- Communication and motivation
- Meetings
- Counselling
- Curriculum and materials development
- Mass media and IEC campaign
- For reference use
- Use in health/clinic/hospitals
- Developing knowledge
- Changing attitude
- Developing specific skills
- Others

5. Educational level - these include:

A. Formal education
   - Primary
   - Secondary
   - Higher education
   - Post graduate

B. Non-formal education
   - Illiterate
   - Neo literate
   - Post literate
   - Mixed level (for labourers, commercial sex workers, factory workers, drug users, etc.)

C. Training
   - Basic
   - Refresher
   - Advance

5. Introduction - how the materials are used or how they are introduced into the educational programmes. These include:

- Used as support materials and integrated into existing health subjects
- Used as teaching materials into family life education, population education or adolescent reproductive health education
- As separate subject
- Used in youth centres' educational activities
- Used in training of teachers
6. **Methodologies** - these refer to the techniques of teaching and training used in delivering messages on HIV/AIDS prevention. These could include the following:

- Purely textual materials and lecture-based
- Life skills approaches
- Assorted participatory and activity-oriented techniques
- Combination

In addition to the different features of the document given above, an abstract and descriptors or keywords are also included to provide the users with more comprehensive details of what the material offers.

**Sources of Materials**

The HIV/AIDS teaching/learning materials came from China, Fiji, India, Indonesia, Kazakhstan, South Korea, Maldives, Mongolia, Myanmar, Nepal, Pakistan, Philippines, Thailand, Uzbekistan, and Vietnam. In addition to country-specific materials, a large number of materials have also a sub-regional focus such as Asia-Pacific or Pacific Island, Mekong sub-region, and South-East Asia. A few good ones were also selected from other regions such as Africa and USA.

The materials came from different sources. They were compiled from the UNESCO Clearing House collection, from UNFPA, UNESCO, UNICEF and UNAIDS field offices in the countries as well as directly from the sources or producers of these materials from the governments, NGOs and other national organizations. Some of the materials come in various national languages and their basic data translated into English through the help of the various UN and national government offices mentioned above. This inventory would have not seen the light without their great help. It is with deep gratitude that this first issue is being dedicated to them.
Care and Counselling


**Type of Material:** Guidelines - Care and counselling  
**Objectives/Specific Use:** Counselling  
**Educational Level:** Practitioners  
**Methodologies Used:** Mainly textual/lectures  
**Country/Region:** Indonesia

**Abstract:**
This guide provides a background on adolescent sexuality and describes ways to give adolescents effective counsel in this area. The principles and actual practice of counselling are discussed and sample cases of adolescent sexuality counselling are presented.

**Descriptors:** Guide // Adolescent sexuality // Counselling // HIV/AIDS


**Type of Material:** Guidelines - Care and counselling  
**Objectives/Specific Use:** Developing specific skills; Health care  
**Educational Level:** Non-formal education - Mixed level  
**Methodologies Used:** Mainly textual/lectures  
**Country/Region:** Viet Nam

**Abstract:**
The material comes in two parts. The first contains basic facts and information on home care, HIV/AIDS, healthy living and disease prevention, and spiritual and physical aspects of care giving for HIV/AIDS patients. The second part provides a discussion of the symptoms and manifestations of HIV/AIDS, and special parts of AIDS care.

GUIDELINES


Type of Material: Guidelines - Care and counselling
Objectives/Specific Use: Use in health/clinic/hospitals; Developing specific skills
Educational Level: Practitioners
Introduction Approaches: Integrated into health centre/clinic programme
Methodologies Used: Mainly textual/lectures
Country/Region: Mongolia

Abstract:
The protocol recommended in this handbook is designed to strengthen the capacity of health workers to protect themselves, their clients and members of the community from infections, particularly from infectious blood and fluids, which could be potential sources of HIV transmission. The use of barrier methods, antiseptics and disinfection are discussed along with aseptic techniques, use of needles and sharps, processing of instruments, housekeeping and waste disposal.


Type of Material: Guidelines - Care and counselling
Objectives/Specific Use: Use in health/clinic/hospitals
Educational Level: Practitioners
Introduction Approaches: Integrated into health centre/clinic programme
Methodologies Used: Mainly textual/lectures
Country/Region: Mongolia

Abstract:
These guidelines for clinical health workers teaches the systematic approach to STI case management and describes specific reproductive tract infections. The management of urethral and vaginal discharge syndromes given laboratory facilities is explained.

Descriptors: Guidelines // Sexually transmitted diseases // Reproductive tract infections // Clinical management // HIV/AIDS
**Source book on community support and home care for people living with HIV/AIDS.**

**Abstract:**
The source book provides information on existing community care and support activities for people living with HIV/AIDS (PLWHAs) in some regions or countries, namely, Europe (Britain), USA, Australia, and Africa (Uganda and Zambia). Care and support cover the socio-economic, legal and spiritual needs of people with HIV/AIDS. The book also provides a brief discussion of home care services for PLWHAs, specifically home care policies and services in developed and developing countries.


**Information, Education and Communication**


**Abstract:**
The practical, step-by-step guidelines aim to assist Provincial AIDS Committees in properly developing IEC materials appropriate to their target audience. The benefits of following the audience-targeted process as well as the preparations on personnel, materials and budget are explained. Through the recommended process, appropriate communication messages, material content and forms, and a material development plan can be developed. The 11-step process is initiated by defining the HIV/AIDS-related problem of priority and the target group. Based on audience research, communication concepts and messages are developed, and suitable communication channels are selected. The IEC material is then designed and pre-tested before its final production and assessment.

**Descriptors:** Guidelines // Materials development // IEC // HIV/AIDS
Abstract:
These guidelines aim to help the staff of Provincial AIDS Committees in reaching different youth groups with HIV/AIDS/STD information, thereby preventing transmissions and reducing risks among youth, especially young women. These present the risks of HIV/AIDS/STD transmission among Vietnamese youth and formulate step-wise instructions for developing effective programmes to reach out-of-school youth. Various channels for reaching the youth, particularly through the mass media and personal communication, are explored. The annexes contain a set of questions for learning about youth in the community; notes on conducting youth surveys; peer education information; and facts about youth.


Abstract:
The handbook provides a set of guidelines on the implementation of an effective peer education programme for sex workers in the context of the Vietnamese administrative system. It covers the following: sex work situation in Vietnam; the rationale and benefits of peer education for sex workers; and the step-by-step implementation of a peer education programme for sex workers.


**Abstract:**
This is a guide for HIV-positive people who are considering speaking out in person, to any group of people about their experience of living with HIV. It quotes 76 HIV-positive speakers from Asia, the Pacific, Australia and Africa and presents the reasons, benefits and negative consequences of speaking out in public. The social, legal and financial aspects of the support needed by an HIV-positive person before going public are considered. The practical skills and steps for public speaking are discussed.

**Descriptors:** Manual // Guidelines // Living with AIDS // Communication techniques // Public speaking // HIV/AIDS

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**Type of Material:** Guidelines - Information, education and communication

**Objectives/Specific Use:** Developing specific skills

**Educational Level:** Non-formal education - Mixed level

**Introduction Approaches:** Generic material

**Methodologies Used:** Mainly textual/lectures

**Country/Region:** Asia-Pacific

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**Abstract:**
Information, education and communication (IEC) activities can be very effective in changing high-risk behaviours. This guide describes the steps in HIV/AIDS IEC planning, implementation and evaluation. To reinforce the step-wise approach, a specific example of IEC activities addressed to young people has been included. The guide is useful to managers of national AIDS control programmes as well as non-governmental activities.

**Descriptors:** Guide // IEC // Programme planning // Evaluation // HIV/AIDS

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**Type of Material:** Guidelines - Information, education and communication

**Objectives/Specific Use:** Mass media and IEC campaign management

**Educational Level:** Generic material

**Introduction Approaches:** Mainly participatory activities and skills-oriented - Assorted activities

**Methodologies Used:** Assorted activities

**Country/Region:** Southeast Asia
Programme Development


Type of Material: Guidelines - Programme development
Objectives/Specific Use: Awareness and advocacy/promotion; Curriculum planning and development
Educational Level: Formal education - Secondary; Formal education - Primary
Introduction Approaches: Integrated into school subjects; Part of co-curricular activities
Methodologies Used: Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region: Asia-Pacific

Abstract:
This document is intended to help people use health promotion strategies to improve health and prevent HIV/AIDS/STD and related discrimination. Arguments for the need for HIV/STI prevention interventions through schools are presented. The key steps in planning such interventions are described and the various components to which these interventions may be integrated are discussed. Guidelines on how to evaluate the resulting programmes are outlined. Samples of actual programmes and school curricula, as well as a position paper on integrating HIV/STI prevention in the school, are available in the annexes.

Abstract:
The material presents a framework for HIV/AIDS prevention and reduction, and health improvement through development of national scale life skills education programmes that include sexual behaviour and HIV/AIDS information targeted at young people in schools. The framework covers needs assessment, information and project intervention, policy interventions, and monitoring and evaluation. Relevant programmes across Africa, Asia and Latin America are showcased.

GUIDELINES

Abstract:
A valuable resource for advocators and implementers of programmes that stop HIV and other harms among injecting drug users (IDUs) in Asia. The background to these programmes is presented in three chapters explaining drug use and HIV vulnerability; the rationale for harm reduction; and the integration of three approaches to the control of drug use. The next nine chapters establish guidelines for designing, implementing and monitoring programmes targeted at IDUs. These cover rapid situation assessments; establishing and sustaining a programme; working with the community and other sectors; education in drug-related harm reduction programmes; injecting safely; drug substitution; sexual and mother-child transmission of HIV/AIDS; counselling and testing; and behaviours with increased risks of contracting HIV/AIDS. Appendices include information about blood-borne viruses, drugs and their actions, and various sexually transmitted diseases.


Macfarlane Burnet Centre for Medical Research.
International Health Unit.

Abstract:
This manual offers guidelines for developing successful programmes to manage and control HIV/AIDS and STIs. However, this strategic planning process can be applied to any issue where changing situations and conditions have to be considered for...
the planning of activities. The guide is divided into four sections. The first gives an overview of HIV, the strategic planning process and skills used in the process. This is followed by an analysis of the current situation and information on how to build the foundations of a strategic plan. The next chapter explains how to create goals, strategies and activities. And finally, the guide outlines how to implement, monitor and sustain the plan. Hints for social research methods are included as an appendix. A variety of organisations including government ministries, NGOs, unions, community-based organisations and churches, will find this a useful resource.


Type of Material: Guidelines - Programme development
Objectives/Specific Use: Management/administration/supervision; Policy making; Programme formulation
Educational Level: Management
Introduction Approaches: Generic material
Methodologies Used: Mainly textual/lectures
Country/Region: Thailand

Abstract:
The book documents the results of the activities implemented by the Child Friendly Schools project for AIDS-affected children in three northern Thailand provinces. The activities included counselling training, psychological testing, and participatory planning with schools, among others. The report includes an overview of the AIDS situation in Thailand in general and in northern Thailand in particular. It highlights best practices and lessons learned during the planning and implementation period of the project. It illustrates the crucial importance of involving communities in any intended development project.

AIDS Curriculum


Abstract:
The package seeks to introduce adolescence education in school education. Aside from the introductory booklet, it contains five other booklets that provide the conceptual framework for adolescence education; its content areas; answers to key questions in the mind of adolescents; nine participatory activities for students; and sample advocacy material addressed to teachers and parents, but which may be adapted for various audiences.


Abstract:

Type of Material: Curriculum – AIDS curriculum
Objectives/Specific Use: Teaching/instruction; Awareness and advocacy/promotion; Developing knowledge
Educational Level: Formal education - Primary and Secondary
Introduction Approaches: Integrated into school subjects; Part of co-curricular activities; Part of adolescence education
Methodologies Used: Combination of basic contents/ lectures and skills/participatory-oriented activities
Country/Region: Thailand
Abstract:
The handbook contains guidelines for teaching and learning about AIDS through participatory activities, a curriculum outline for Air Force officers and lesson plans. The curriculum covers the following areas: AIDS and sexuality; AIDS situation; sexual responsibility and safer sex; man's dignity; compassion for AIDS patients; condom use; and specific life skills such as communication, decision-making, and problem solving.


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<th>Curriculum - AIDS curriculum</th>
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<td>Objectives/Specific Use:</td>
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<td>Educational Level:</td>
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<td>Introduction Approaches:</td>
<td>Part of family life education, population education, life skills education, sexuality education, adolescent reproductive health education</td>
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<td>Methodologies Used:</td>
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### Abstract:

This guide, one of a three-part package, provides suggestions for conducting a four-unit programme on health education to prevent AIDS and STD. These include information about the programme, teaching methods, classroom atmosphere, peer leaders, participation of parents and family members. Test items for student evaluation and questions on HIV/AIDS/STD are included. The bulk of the material provides guidance for implementing the activities found in a separate students’ workbook, including special concerns about each activity, use of peer leaders or parent involvement, and additional information or preparation teachers might need. The activities are under four units, namely basic HIV/AIDS/STD knowledge, delaying sex, protected sex, and care and support for people with HIV/AIDS.

### Descriptors:

- Teacher’s guide
- Teaching techniques
- HIV/AIDS FAQ
- HIV/AIDS preventive education
- Sexually transmitted diseases
- Delayed sex
- Condom usage
- HIV/AIDS care
- Evaluation
- HIV/AIDS
Abstract:
This resource provides lower secondary teachers a framework for HIV/AIDS instruction. It defines the scope and sequence of HIV/AIDS in the health education curriculum and provides background information about HIV/AIDS. It expounds on the role of teachers, the instructional objectives, materials and methods in teaching HIV/AIDS. The subject coverage of HIV/AIDS is also outlined. Lessons plans, statistics and charts for classroom use are provided.


Abstract:

**Life Skills**

**Department of National Education.** Practice guidelines and module of education on healthy living skills for higher education/ Pedoman penyelenggaraan dan modul pendidikan keterampilan hidup sehat bagi pengajar smu dan yang sederajat. Jakarta: Departemen Pendidikan Nasional, 1999. 254 p. Indonesian.

**Abstract:**
This material provides guidelines for understanding, implementing and using modules of healthy living skills education. A set of four activities is found under each of these six module areas: gender and child rights; reproductive health and preparedness for parenthood; good health as an investment; smoking and drug use; teenagers' lifestyle; and STD and HIV/AIDS.


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**Abstract:**
This report presents a synthesis of findings and analysis of life skills approaches within the context of non-formal education. The facts contained in the report were gathered from a survey of major non-formal education curricula, discussions with
NGOs on their methodology for HIV/AIDS preventive education, a two-day workshop on life skills, and observations of teaching-learning transactions as well as interviews with learners and facilitators in various non-formal education centres. The report contains a sample curriculum linked with life skills, shows how these skills are integrated into various subject areas, and suggests corresponding teaching-learning activities for skills building.


Abstract:
The manual is divided into two sections. The first section, which serves as a teacher’s guide, presents the SHAPE course structure and curriculum summary grid, and a discussion of participatory teaching methodologies. The second part presents specific teaching-learning activities for topics covered in the curriculum for second to fourth grade levels. The curriculum deals with a wide range of topics such as physical health, common diseases, health-related social skills, and the need for mental and physical health. Facts on HIV/AIDS are usually integrated with basic health concepts rather than treated in isolation.

Descriptors: Curriculum // Teaching-learning activities // Health promotion // HIV/AIDS basic facts // Teaching methodologies // HIV/AIDS

**Abstract:**
This material is a collection of life skills materials that have been produced particularly in the Mekong sub-region. It consists of three sections. The first deals with the concept of life skills, their teaching and their importance in disease prevention and promotion of safe behaviours. The next section covers reports and descriptions of actual experiences in life skills education in the Mekong sub-region. The last section presents sample curricula and materials on life skills education.

**Descriptors:** Curriculum development // Health promotion // Life skills // HIV/AIDS programmes // HIV/AIDS
Adolescent Reproductive and Sexual Health

**Type of Material:** Teaching materials - Adolescent reproductive and sexual health
**Objectives/Specific Use:** Teaching/instruction
**Educational Level:** Non-formal education - Mixed level
**Introduction Approaches:** Integrated into non-formal or development education programmes
**Methodologies Used:** Mainly participatory activities and skills-oriented - Assorted activities; Life skills
**Country/Region:** Uzbekistan

**Abstract:**
This is a set of lessons on adolescent education. It explores adolescence as a changing phase, highlighting parental, peer and sexual relations of teenagers. Sexuality concerns such as reproductive health, contraceptives, STDs and sexual violence are also discussed.

**Descriptors:** Lesson plans // Adolescence education // Adolescent reproductive health // Sexually transmitted diseases // Sexuality // Contraceptive methods // Sexual violence // HIV/AIDS

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Abstract:
This resource pack on sexual and reproductive health (SRH) consists of three parts: a manual, a set of curriculum cards for use during workshops, and a set of handouts. It aims to help young people develop some personal qualities such as self-esteem, self-worth, and the capability to make informed and responsible decisions. Among such qualities is the ability to recognise and deal with gender biases that may affect SRH. The curriculum progressively introduces participants to the concepts of sex and gender, how these are reflected in their lives and the society, how these concepts are transmitted and learned, and the effect of these concepts on SRH problems. Areas of special emphasis are violence and its effects on SRH; HIV/STIs; unwanted pregnancy; and unsafe abortion.


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<th>Teaching materials - Adolescent reproductive and sexual health</th>
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<td>Educational Level:</td>
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<td>Introduction Approaches:</td>
<td>Integrated into non-formal or development education programmes</td>
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<td>Methodologies Used:</td>
<td>Mainly participatory activities and skills-oriented - Life skills</td>
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<tr>
<td>Country/Region:</td>
<td>Myanmar</td>
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Abstract:
This manual presents a three-step workshop framework for facilitators introducing sexual and reproductive health to teens. Through rational thinking, teen participants are taught to explore existing ideas drawn from cultural resources such as proverbs and anecdotes, thereby building analytical, critical thinking and problem-solving skills that lead to rational decision-making on sexual and reproductive health. Participants are then prepared to bridge tradition with reproductive health knowledge and practices, including issues on gender, status in the family, adolescence and relationships. Finally, a conceptualisation session allows
participants to clarify existing beliefs, perception, knowledge and attitudes against basic sexual and reproductive health knowledge or facts. Aside from giving directions for the suggested activities, the manual notes down possible reactions of participants to the activities.


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**Type of Material:** Teaching materials - Adolescent reproductive and sexual health

**Objectives/Specific Use:** Developing knowledge; Teaching/instruction

**Educational Level:** Vocational training

**Introduction Approaches:** Integrated into Social Studies; Part of population education

**Methodologies Used:** Combination of basic contents/lectures and skills/participatory-oriented activities

**Country/Region:** India

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**Abstract:**
This manual, the first in a series of three parts, contains the detailed course contents of population education to be taught by instructors to students of vocational training programmes. The contents are divided into three units. The first includes three sessions explaining population, development, environment, quality of life, migration and urbanisation. The unit on reproductive health of adolescents and young adults has eight sessions on adolescence and concerns, life skills, primary health care, conception and fertility management, HIV/AIDS and STDs, and substance abuse. The last unit covers three sessions on gender issues, family life and women empowerment. Each of the 14 sessions has a 50-minute duration. Specific instructions for conducting each session along with its objectives, contents, preparations, and reading materials are provided. A brief description of participatory techniques is also found in the manual.

Singapore Planned Parenthood Association.  

**Abstract:**  
This guide offers 16 sequential lessons on sex education. Lessons cover topics on sex; puberty and changes; self-image; relationships; molestation and rape; abortion; STDs; communicating and coping with parents; and dating and mating. Instructions for teacher-led discussions, interactive lectures, and other participatory activities are provided along with all the resources needed for each lesson.

**Descriptors:** Teacher's guide // Lesson plans // Sex education // Puberty // Anatomy // Sexual violence // Sexually transmitted diseases // Communication skills // HIV/AIDS

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**Abstract:**  
This handbook provides information to Chinese teachers engaged in sex education and familiarises them with related theories and practices in China and abroad. It is divided into 13 sections with contents in the following areas: introduction to sex education; adolescence; gender socialisation; reproduction and conception; communication and self-protection; sexuality; STD/HIV/AIDS and prevention; and harmful effects of drugs.

AIDS Lessons


**Abstract:**
The sourcebook is divided into two parts. The first covers structured and sequenced facts or messages about HIV/AIDS prevention education. Along with these are a teacher’s guide, sample teaching-learning activities, suggested visuals and evaluation tools. The second part offers teaching instructions on three modules, namely, cause and effects of HIV/AIDS, modes of transmission and prevention.


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Abstract:
This guide, divided into two sections, is a prototype instructional material on AIDS. The first section contains basic facts about HIV/AIDS, a statement of purpose of school-based AIDS/STD education, and suggestions for teaching about AIDS/STD in the school setting. The second section provides a compilation of 16 lesson plans suggesting specific activities for teaching HIV/AIDS basic information, prevention skills and values.


Abstract:
Through the study of this module, teachers will learn techniques and ways to effectively guide their young and adult students in learning about HIV/AIDS. The module is divided into six parts: defining HIV/AIDS, AIDS in Pakistan and the world, how AIDS spreads, prevention measures against it, actions that do not transmit HIV/AIDS, and effects of HIV/AIDS.

Ministry of Education.
Department of Curriculum and Instruction Development.
Instructional modules for AIDS education: Prathom five.
English.

Instructional modules for AIDS education: Prathom six.
Bangkok: Curriculum Development Centre, Department of Curriculum and Instruction Development, 1995. 52 p.
English.

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<tr>
<td><strong>Type of Material:</strong> Teaching materials - AIDS lessons</td>
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<tr>
<td><strong>Objectives/Specific Use:</strong> Teaching/instruction; Developing specific skills</td>
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<td><strong>Educational Level:</strong> Formal education - Primary</td>
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<tr>
<td><strong>Introduction Approaches:</strong> Integrated into school subjects</td>
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<tr>
<td><strong>Methodologies Used:</strong> Mainly participatory activities and skills-oriented - Assorted activities</td>
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<td><strong>Country/Region:</strong> Thailand</td>
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**Abstract:**
The modules consist of 10 topics, each requiring three fifth grade class periods. The contents present AIDS as a preventable disease; its impact on society, family and economy; risky behaviour that leads to AIDS transmission; care of people with HIV, the family's role in the fight against AIDS; changes during adolescence; personal hygiene; and understanding of human sexuality. Teaching instructions, including activities, materials and evaluation are included in each module.

**Descriptors:** Lesson plans // HIV/AIDS transmission // HIV/AIDS care and support // Adolescence education // Sexuality // Family life education // HIV/AIDS

Ministry of Education.
Department of Curriculum and Instruction Development.
Instructional modules for AIDS education: Prathom six.
Bangkok: Curriculum Development Centre, Department of Curriculum and Instruction Development, 1995. 52 p.
English.

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<td><strong>Country/Region:</strong> Thailand</td>
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TEACHING MATERIALS

Abstract:
Ten modules explain what is AIDS, its socio-economic impact and ways to prevent the disease through appropriate sexual values, healthy practices, decision-making, critical-thinking, self-control, mindfulness, and righteous behaviour. The modules also discuss changes during adolescence and building a happy, AIDS-free family. Each module is covered in three periods of a sixth grade class. Teaching instructions, including activities, materials and evaluation are included in each module.


Abstract:
This manual gives a brief look at AIDS transmission and prevention. In addition, it suggests teaching guidelines, games, activities, external resources and a set of AIDS vocabulary to enhance education.

Peace Corps Information Collection and Exchange. 

Teach English prevent AIDS: a teacher’s manual. 
113 p. English.

Abstract: 
This is a manual for teachers of English as a Foreign Language (EFL) or English as a Second Language (ESL). It contains four units – values, information, prevention and action – each with four lessons and approximately 20 hours of instruction. The first unit motivates students to learn about AIDS while the second unit informs them about AIDS. The following unit discusses practical ways of preventing the spread of AIDS while the last unit invites students to take an active role in educating their peers on AIDS prevention. Learning grammatical structures, language function and vocabulary are integrated in the contents. Additional resources such as a summary of lessons, a vocabulary chart, games and tests are found in the appendix.


Southeastern College; Lacson College; Population Services Pilipinas. 

65 p. English.

Type of Material: Teaching materials – AIDS lessons
Objectives/Specific Use: Teaching/instruction
Educational Level: Formal education – Secondary
Introduction Approaches: Integrated into school subjects
Methodologies Used: Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region: Philippines

Type of Material: Teaching materials – AIDS lessons
Objectives/Specific Use: Teaching/instruction
Educational Level: Formal education – Secondary
Introduction Approaches: Integrated into school subjects
Methodologies Used: Combination of basic contents/lectures and skills/participatory-oriented activities
Country/Region: Philippines
Abstract:
This manual was intended for high school teachers tasked to impart basic knowledge and facts about the HIV/AIDS epidemic. The six modules focus on adolescent sexual behaviour and HIV/AIDS; basic facts on HIV/AIDS; the science behind it; how to prevent it; societal response to the phenomenon; and governmental and private response to fight HIV/AIDS. Each module follows a consistent organisation and instructional process, including suggested teaching strategies, reinforcing activities, evaluation and assignments.


Abstract:
This guide provides ideas and lesson plans for discussing AIDS, drugs, teenage pregnancy, family crisis and sexual behaviours. In addition to the lessons under these areas, suggestions on how to deal with students’ questions on AIDS and an AIDS glossary are provided.


Abstract:
This is a guide for teaching high school students about HIV/AIDS. The first of two sections features four units of teaching plans: basics of HIV/AIDS; the immediacy of the AIDS epidemic; prevention of AIDS and treatment of people with HIV/AIDS; and use of HIV/AIDS prevention for successful living, with emphasis on life skills. The second section is a collection of references ranging from relevant national and international speeches, plans and projects, to additional information on HIV/AIDS and other ways of promoting HIV/AIDS education.


Life Skills


Abstract:
The material is divided into four parts. The first discusses basic facts about HIV/AIDS and STDs. The next part deals with the concept of life skills, goals of life skills education, and its usefulness for health and HIV/AIDS prevention. The third part covers the contents and methods of access to life skills and the last part contains practical exercises on five life skills.

Descriptors: Teaching-learning activities // Life skills // HIV/AIDS basic facts // Sexually transmitted diseases // HIV/AIDS

Abstract:
This teaching module comprises four sections giving greater attention to the development of skills for responsible behaviour than with the knowledge of AIDS. The first module tackles the physical, cognitive and social emotional changes during puberty. The second section that deals with STIs/HIV/AIDS and pregnancy aims to help students evaluate behaviours in terms of relative risk of HIV infection. The third section discusses skills for preventive behaviour including skills to deal with peer pressure. The fourth section discusses care and support for people with HIV.


Abstract:
The guide contains specific teaching-learning activities for the topics covered in the curriculum for fifth to ninth standards. Among the major topics are: personal hygiene; diseases such as tuberculosis, hepatitis, and malaria; mental health; health-related emotions and behaviours; HIV/AIDS; and counselling.

Descriptors: Teacher’s guide // Teaching-learning activities // Health promotion // HIV/AIDS basic facts // Counselling // HIV/AIDS
**Ministry of Public Health.**


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<td>Methodologies Used:</td>
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**Abstract:**
This handbook contains lessons on life skills and the participatory approach in the context of teaching and learning about HIV/AIDS. It also includes sample lesson plans covering, among others, attitudes and behaviours on sexuality of adolescents, and specific life skills such as decision-making, problem solving and coping with stress.


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**Ministry of Public Health.**

**Department of Mental Health.**


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<tr>
<th>Type of Material:</th>
<th>Teaching materials - Life skills</th>
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<tr>
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<td>Introduction Approaches:</td>
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**Abstract:**
This handbook introduces an overview of life skills components, methodologies and a curriculum outline on life skills for AIDS prevention. It includes sample lessons on compassion for AIDS patients; sex and AIDS; values formation, attitudinal and behaviour changes, and specific life skills.

Abstract:

Nearly 200 activities in this manual were designed to meet the need for youth life skills development that encompasses many different social issues, including general health, HIV/AIDS and sexually transmitted diseases, family planning and reproductive health, child rights, self esteem and drug abuse. The activities, averaging no more than 30 minutes each, were developed to stand on their own, but may be assembled into a mini-curriculum. The set of skills developed by each activity are tabulated in the Index. Each activity is accompanied with questions that permit youth to summarise the contents and personalise the experience.

Abstract:
This curriculum provides five one-hour lessons on AIDS education instruction for high school-aged or young adult students of English as a Second Language (ESL). It helps students develop critical thinking, reading, writing, listening and speaking skills in English as it helps them understand AIDS risk factors. The lessons begin with a game that illustrates the exponential manner in which HIV is spread followed by an examination of HIV transmission. The next three lessons present activities and exercises that clarify students' understanding of the relative risks of various behaviours, identify obstacles to AIDS prevention, and develop strategies for overcoming these barriers through more effective communication. The final lesson enables students to extend AIDS education from the classroom to communities. An appendix includes materials and exercises to supplement the lessons or to be used as free-standing activities. An international list of agencies on AIDS education, health and support service providers is included.


**Abstract:**
This is a collection of interactive games and activities to supplement existing curricula on HIV/AIDS. The manual aims to give students a sense of responsibility in fighting AIDS while taking the fear out of AIDS education. Besides games, it includes lesson plans, stories, dramas, role-playing and songs.

**Descriptors:** Games // Teaching-learning activities // HIV/AIDS myths // HIV/AIDS basic facts // Stories // HIV/AIDS


**Abstract:**
The seven-part manual consists of over 50 different life skill-building ideas that can be adapted for use with any group. It explains about the life skills programme, peer education and facts about HIV/AIDS and STDs. It features interactive sessions grouped under three basic life skills - communication, decision-making and relationship skills - and provides a tool for practicing and
evaluating multiple life skills. The appendices present numerous warm-ups, games and other suggestions for making the sessions more interactive and lively.

**Descriptors:** Manual // Life skills // Peer education // Teaching-learning activities // HIV/AIDS basic facts // Sexually transmitted diseases // Games // HIV/AIDS

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**Abstract:**
The self-learning kit comprises 7 brochures, 12 booklets and 2 posters on health education for adolescents.

**Descriptors:** Self-learning package // Adolescence education // Health promotion // Booklets // Posters // Brochures // HIV/AIDS

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**Abstract:**
Part of family life education, population education, life skills education, sexuality education, adolescent reproductive health education

**Descriptors:** Learning materials // Behaviour change communication // Developing knowledge

**Country/Region:** Global
Abstract:
This workbook, one of a three-part package, contains 53 student activities including worksheets. The activities are organised under four units in the areas of basic HIV/AIDS/STD knowledge; delaying sex; protected sex; and care and support for people with HIV/AIDS.


Abstract:
The booklet includes 12 chapters discussing the reproductive process, physiological and psychological changes accompanying adolescence, boy-girl relationships, contraception and STD/HIV/AIDS prevention. A quiz and two essays on love written by adolescents are featured.

AIDS Basics

Bhattarai, Komal (ed.).

Type of Material: Resource/reading materials – AIDS basics
Objectives/Specific Use: Awareness and advocacy/promotion; Developing knowledge
Educational Level: Non-formal education – Mixed level
Introduction Approaches: Generic material
Methodologies Used: Mainly textual/lectures
Country/Region: Nepal

Abstract:
The booklet contains basic information on HIV/AIDS and STDs: description of AIDS, modes of transmission, physiological and physical effects of HIV; ways of prevention; ways that do not result in transmission; women's chance of infection; and ways of stopping AIDS.


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Eastchester Middle School.
The AIDS handbook, written for middle school kids, by middle school kids.

Type of Material: Resource/reading materials – AIDS basics
Objectives/Specific Use: Developing knowledge
Educational Level: Formal education - Secondary
Introduction Approaches: Generic material
Methodologies Used: Mainly textual/lectures
Country/Region: USA

Abstract:
The handbook contains basic information on AIDS prevention, transmission, symptoms, treatment and how the immune system fights diseases.

Abstract:
The material contains the following: basic information on HIV/AIDS; HIV-risk behaviours; methods of HIV prevention; things related to HIV/AIDS-infected people at work places; care for people living with AIDS; and sexually transmitted diseases.


Abstract:
A booklet explaining how AIDS is transmitted, how to prevent infection and healthy practices to reduce risks of infection. Self-check questions and suggested activities are included.

Abstract:
The material is divided into two sections. The main section covers the AIDS situation in Viet Nam; definition of AIDS; difficulties faced by people with HIV/AIDS; modes of transmission, ways to avoid transmission; factors and behaviours that do not lead to infection; test information; and what needs to be done when infected. The special section contains information on condoms, risk reduction in drug injection, and answers to questions related to HIV/AIDS.


Abstract:
The booklet contains basic facts and information about HIV/AIDS: transmission, prevention, detection and treatment. It also contains a discussion of gender discrimination and risk of HIV, counselling for AIDS patients, symptoms experienced by HIV/AIDS positive people, the HIV situation in Nepal and sexually transmitted diseases.


**Abstract:**
This fact book about AIDS contains the following major topics: definition of HIV/AIDS; dangers of HIV/AIDS; risks to women and children; effects of HIV/AIDS on oneself, family and society; causes of HIV/AIDS and control; steps for checking infection; treatment and care for an HIV/AIDS patient; and education and communication on HIV/AIDS. A self-check test is included at the end.


**Abstract:**
The material contains basic information on HIV/AIDS in a question-and-answer format divided into five sections: definition or description of AIDS; modes of transmission; tests; symptoms and care; and social issues.


**Abstract:** This is a reference material for teachers in vocational schools. It contains basic facts and information on AIDS and STDs (definition, symptoms, modes of transmission and care of people with HIV/AIDS), family life and AIDS, AIDS counselling (what it is, how to give counsel, types and skills), and AIDS education in vocational schools (AIDS-risk accidents such as those related to machine work and activities that promote information dissemination).


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**Abstract:** The material discusses some statistics on the AIDS epidemic; some points about HIV/AIDS that young people can and cannot discuss with adults; precautions against HIV; and questions and answers about HIV.


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<td>Generic material</td>
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<tr>
<td>Country/Region:</td>
<td>Viet Nam</td>
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### Shattering the Myths: A Primer on HIV, AIDS and the Filipino

By Tan, Michael L.

**Type of Material:** Resource/reading materials - AIDS basics

**Objectives/Specific Use:** For reference use; Developing knowledge

**Educational Level:** Formal education - Higher education; Non-formal education - equivalent to higher education

**Introduction Approaches:** Generic material

**Methodologies Used:** Mainly textual/lectures

**Country/Region:** Philippines

**Abstract:**
Myths that hamper HIV prevention by either creating complacency or fuelling irrational fears are debunked through critical thinking that pervades seven chapters, including essays, found in this primer. The first chapter begins by tracing AIDS from the HIV virus and examining its origins in Asia. Two chapters are devoted to disproving myths of HIV transmission and prevention, particularly in the Philippine setting. Following these is a chapter endorsing the importance of condoms in HIV prevention, and another chapter highlighting the current absence of any cure or vaccine against HIV. The last two chapters present the social, ethical and moral issues that affect the approach in fighting AIDS.


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### STI/HIV Sexually Transmitted Infections: Briefing Kit for Teachers

By World Health Organization. Regional Office for the Western Pacific

**Type of Material:** Resource/reading materials - AIDS basics

**Objectives/Specific Use:** Developing knowledge

**Educational Level:** Formal education - Secondary; Formal education - Higher education

**Introduction Approaches:** Integrated into school subjects

**Methodologies Used:** Combination of basic contents/ lectures and skills/participatory-oriented activities

**Country/Region:** Global
RESOURCE/READING MATERIAL

Abstract:
This is a teacher’s resource for understanding sexually transmitted infections (STI), their health consequences on young people, and young people’s behaviour. The importance of STI education is explained and general guidelines for teaching STI prevention are suggested. Other resources for STI education are listed under the Annex.


AIDS Stories

Adult Basic Education Society
Teacher Empowerment Centre.

Abstract:
In this story, the villager Hameed helps his friend with AIDS gain social acceptance by educating key people and elders in the village. Social problems linked with HIV/AIDS are highlighted through different incidents, characters and their interactions with each other. Consolation and sympathy towards people with AIDS is emphasised as a social responsibility.


**Abstract:**
The booklet contains the story of girls trafficking and spread of HIV/AIDS. Specifically, it relates the story of a girl who is sold at a brothel in India and subsequently contracts HIV/AIDS.

**Descriptors:** Comic books // Girls trafficking // Commercial sex // HIV/AIDS risk behaviours // HIV/AIDS


**Abstract:**
This story shows how Nazir, a villager with AIDS, emerges from extreme disappointment to a life devoted to educating people about HIV/AIDS.

**Descriptors:** Stories // HIV/AIDS education // Health promotion // HIV/AIDS
### Gadimai Village fair

**Type of Material:** Resource/reading materials – AIDS stories  
**Objectives/Specific Use:** Awareness and advocacy/promotion  
**Educational Level:** Formal education – Secondary  
**Introduction Approaches:** Generic material  
**Methodologies Used:** Mainly textual/lectures  
**Country/Region:** Nepal

**Abstract:**
The pictorial story book on girls trafficking presents how a village girl is sold by local pimps to a brothel in India and how she gets infected with HIV/AIDS.

**Descriptors:** Comic books // Girls trafficking // Commercial sex // HIV/AIDS risk behaviours // HIV/AIDS

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### Wish for life/Zindagi ki arzoo

**Type of Material:** Resource/reading materials – AIDS stories  
**Objectives/Specific Use:** Developing knowledge; Awareness and advocacy/promotion  
**Educational Level:** Non-formal education – Neo literate  
**Introduction Approaches:** Generic material  
**Methodologies Used:** Mainly textual/lectures  
**Country/Region:** Pakistan

**Abstract:**
This story tells how ignorance led Abdul to be infected with HIV/AIDS and the frustration of his wife over the event. In this story, the causes of HIV/AIDS and preventive measures against it have been explained through dialogues.

**Shrestha, Ashakaji. Adhikari, Prakash; Bhatta, Sitaram (eds.). **
**Compromise [comic book].**

**Abstract:**
This pictorial story shows how a sex worker negotiates condom use with a customer. The proper way to use a condom is also illustrated and explained.

**Descriptors:** Comic book // Commercial sex // Condom usage // Behaviour change communication // HIV/AIDS

---

**Sindh Education Foundation.**

**Abstract:**
This is the story of a rural couple who hear about HIV/AIDS from the television. Suspecting her husband to be infected with HIV/AIDS, the wife urges him to go for a medical check-up, which finally puts their fears to rest.

**Descriptors:** Stories // Health promotion // HIV/AIDS testing // HIV/AIDS
Abstract:
This booklet is a collection of five stories from Asia highlighting different aspects of HIV/AIDS care and prevention. A school drama club's struggle in producing a play on AIDS and a young man's desire to live on despite having AIDS are told. Two other stories describe how a girl overcomes her fears about AIDS and the consequences faced by a family after the death of a member from AIDS. The last story recounts how a young girl who has been tricked into the sex trade gets another chance to follow her dream. This booklet also contains basic facts about AIDS and could be used in the classroom and distributed for reading by children above 14 years of age.

Abstract:
The material deals with home care for people with HIV/AIDS. It explores the reasons for home care, offers precautions against the disease and discusses how to help people with HIV/AIDS gain a more positive outlook in life. It describes the diseases to watch out for in people with HIV/AIDS and the corresponding treatment to these.


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**Chung A et al. (comp.).**
*With hope and help.*

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### Abstract:
The booklet contains basic information on condoms: description, benefits, types available in the market and steps in using them.

### Descriptors:
Booklet // Condom usage // HIV/AIDS prevention // HIV/AIDS

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**Le Ngoc Yen et al. (comp.).**
*Handbook for peer educators on AIDS prevention.*

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### Abstract:
The material deals with home care for people with HIV/AIDS. It explores the reasons for home care, offers precautions against the disease and discusses how to help people with HIV/AIDS gain a more positive outlook in life. It describes the diseases to watch out for in people with HIV/AIDS and the corresponding treatment to these.

### Descriptors:
**Abstract:**
This handbook provides peer educators with information on: description or definition of HIV/AIDS; early discovery of AIDS; drugs and AIDS; sexuality and AIDS; peer education and living together with HIV/AIDS-positive people.


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**Roles and responsibilities of adolescent boys and girls.**

**Abstract:**
This brochure aims to build awareness on how gender roles and gender discrimination affect lives. It cites among other examples the gender-related factors that bring about the rapid spread of HIV among females. It ends with a call to change gender expectations.

**Descriptors:** Brochure // Gender roles // Gender issues // HIV/AIDS transmission // HIV/AIDS

---

**UNICEF; Red Cross.**

**Abstract:**
The booklet, specifically catering to men, provides information on safe sex to minimise HIV/AIDS transmission.

**Descriptors:** Behaviour change // Safe sex // HIV/AIDS transmission // Condom usage // Booklet // HIV/AIDS
**RESOURCE/READING MATERIALS**

**UNICEF; Red Cross.**
**Things women need to know in love.** Hanoi: UNICEF; Red Cross, 1999. 23 p.
Vietnamese.

**Abstract:**
The booklet, specifically catering to women, provides information on safe sex to minimise HIV/AIDS transmission.

**Descriptors:** Behaviour change // Safe sex // HIV/AIDS transmission // Condom usage // Booklet // HIV/AIDS

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**With the remaining days.**
Vietnamese.

**Abstract:**
The information provided by the booklet helps one to understand his feelings and those of others regarding HIV/AIDS, particularly in terms of living positively with HIV/AIDS.

**Descriptors:** Living with AIDS // HIV/AIDS care // Booklet // HIV/AIDS
Reproductive Health and Sexuality

GTZ EPOS Health Consultants; UNFPA. *Teenagers’ world about love, friendship, etc. for adolescents of 14 years and older*. Tashkent: GTZ EPOS Health Consultants; UNFPA, 1999. 47 p. Uzbek.

Abstract:
The brochure contains information on the male and female reproductive systems; teenagers’ feelings and relationships with other people such as parents and friends; love; sexuality; safe sex; contraceptives; and sexual violence.


Reproductive health handbook for community workers/volunteers.

Type of Material: Resource/reading materials - Reproductive health and sexuality
Objectives/Specific Use: Communication and motivation; Counselling
Educational Level: Practitioners
Introduction Approaches: Integrated into health centre/clinic programme
Methodologies Used: Mainly textual/lectures
Country/Region: Nepal
Abstract:
This handbook assists field workers in providing reproductive health education and counselling during community visits. It covers 13 topics with illustrations: family planning, safe motherhood, newborn care, RTI/HIV/AIDS, infertility prevention and treatment, adolescent reproductive health, reproductive health of elderly women, male participation in reproductive health, reproductive rights, gender equality, women’s empowerment and reproductive health services at the community level.


Abstract:
This book answers 204 questions on the reproductive system and associated problems, sexuality and relationships, sex education, STD/AIDS, pregnancy and abortion, and sexual harassment.

**What is an STD?**

**Abstract:**
This brochure explains about sexually transmitted diseases, how to avoid them, and the behaviours that increase or reduce the risk of contracting STDs, particularly HIV/AIDS. The symptoms, cause, treatment, potential complication and precautions to observe for ten common STDs are described.

**Descriptors:** Sexually transmitted diseases // HIV/AIDS basic facts // HIV/AIDS risk behaviours // HIV/AIDS prevention // HIV/AIDS

---

**Women and health: education and training book.**

**Abstract:**
The material covers 24 chapters focusing on women's health, STI/HIV/AIDS, infertility, pregnancy, and menopause.

Counselling and Care


Abstract:
The manual contains a module for a five-day training course for counselling on HIV/AIDS protection. It includes: communication skills; condom overview; an exercise on sex terminology; risk determination; and post training evaluation.


Abstract:
The manual provides training guides on interpersonal communication and counseling on HIV/AIDS and sexually transmitted infections (STIs). It covers communication skills, condom use, and risk determination.

Abstract:
This training manual aims to improve interpersonal communication skills of field workers in HIV/AIDS and STI prevention. It is divided into eleven modules, covering the following: introduction to training; basic information on HIV/AIDS and risk reduction behaviour; sexually transmitted infections (STIs); sexuality and safer sex; interpersonal communication (IPC); counselling; listening skills; questioning skills; counselling and clients’ rights; using communication materials for effective communication and counselling; and self-assessment tool and peer supervisor’s checklist on IPC.


Abstract:
The handbook contains a training module for HIV/AIDS care providers, specifically home care providers. It defines home care and provides basic information on HIV such as modes of transmission. It also discusses the types of home care and assistance to be extended to people with HIV/AIDS and healthcare activities for them.

Abstract:
This manual outlines the objectives, materials, implementation procedure and instructions for a 12-session training programme on HIV/AIDS counselling. The sessions give an overview of HIV/AIDS and counselling basics, zeroing in on the understanding and care of HIV positive people. The profile and skills of a counsellor are examined, and sufficient time is provided to practice communication, listening and responding skills. Practice sessions on HIV/AIDS counselling are also offered.


Abstract:
This book covers the contents of a two-day training on adolescent reproductive health (ARH) counselling. The contents offer an overview of ARH counselling; ARH counselling skills; integration of ARH counselling activities with other social issues; exercises on direct counselling and telephone counselling; exercises on community counselling; and experience sharing and visit with an ARH counselling centre.

Descriptors: Training manual // Adolescent reproductive health // Counselling // Teaching-learning activities // Social issues // HIV/AIDS
**Type of Material:** Training materials – Counselling and care

**Objectives/Specific Use:** Counselling, Training, seminar, workshop, Orientation

**Educational Level:** Training – Basic

**Introduction Approaches:** Part of training programme

**Methodologies Used:** Combination of basic contents/lectures and skills/participatory-oriented activities

**Country/Region:** Southeast Asia

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**Abstract:**
This guide serves as an introductory programme or an orientation to counselling. It contains seven training modules that deal with: basic information on STD/HIV; nature and purpose of HIV counselling; values and attitudes of a good counsellor; effective counselling techniques; sexuality; sensitive issues and risk reduction; pre- and post-test counselling; and problem-solving. This publication could be adapted in individual countries to suit the local and culture-specific training needs of counsellors dealing with people affected by HIV infection and AIDS as well as their families.


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**HIV/AIDS Basic Training**

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**Type of Material:** Training materials – HIV/AIDS basic training

**Objectives/Specific Use:** Developing specific skills; Developing knowledge; Training, seminar, workshop

**Educational Level:** Non-formal education – Mixed level

**Introduction Approaches:** Integrated into non-formal or development education programmes

**Methodologies Used:** Combination of basic contents/lectures and skills/participatory-oriented activities

**Country/Region:** Global
Abstract:
Despite their vulnerability, young people are also a force in fighting the AIDS epidemic. This manual is useful to them as they set up HIV/AIDS health promotion programmes with groups of their own age. The different sections of the manual provide information about HIV/AIDS and the impact of the epidemic; prepare youth leaders to deal with their own concerns related to HIV/AIDS as well as their role as peer educators; suggest a method of planning and evaluating an HIV/STD health promotion programme for youth; present activities with youth groups (including warm-up, setting ground rules, values/attitudes and skills-building activities); and give ideas for HIV/STD health promotion projects that can be carried out by young people in the community.


Kusniati, Nunuk; Riati, Ririn

Abstract:
This module provides exercises, reading materials, visual aids and teaching plans on the transmission, prevention, and treatment of STDs and HIV/AIDS, in particular. Support and care for people with HIV/AIDS is also discussed.

### Trainer's guide on HIV/AIDS orientation (for the orientation of medium level health workers)

**Ministry of Health. Department of Health Services. National Centre for AIDS and STD Control.**


**Abstract:**

This guide for trainers is designed to help in the HIV/AIDS orientation of medium level health workers such as health assistants, staff nurses, laboratory technicians, auxiliary health workers, and midwives at the regional, sub-regional and district levels of Nepal. It provides the procedures in conducting eight sessions or modules covering these topics: facts and issues on HIV/AIDS; socio-economic impact of HIV/AIDS; clinical aspects of HIV/AIDS; prevention of HIV/AIDS; universal precautions; sexually transmitted diseases; counselling on HIV/AIDS; and the National AIDS Programme of Nepal.


### Training package on advocacy of HIV/AIDS and STD for policy makers and government officials

**Nepal Administrative Staff College. Management Guidance Department.**


**Abstract:**

A training package on advocacy of HIV/AIDS and STD for policy makers and government officials. It includes topics such as awareness and advocacy/promotion; policy making; training and seminar/workshop; management and training - basic; and combination of basic contents/lectures and skills/participatory-oriented activities.

**Descriptors:** Training materials - HIV/AIDS basic training // Awareness and advocacy/promotion // Policy making // Training/seminar/workshop // Management; Training - Basic // Combination of basic contents/lectures and skills/participatory-oriented activities // Nepal
**Abstract:**
The correct understanding of HIV/AIDS/STD by government officials is crucial in the development of a broad strategy for prevention. This training package covers basic HIV/AIDS information; economic and social implications of HIV/AIDS; and monitoring HIV prevention in the workplace. Examples of HIV/AIDS personnel policies and a summary of agencies devoted to HIV/AIDS prevention programmes in Nepal are provided. Contents of the package may be taken up in two to three days of intense training sessions.


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**Abstract:**
This training material contains information on body changes during puberty; male and female reproductive systems; HIV/AIDS; life skills for safe sex and prevention of HIV/AIDS; training essentials; training methodologies and tools; training organisation and implementation; and evaluation.


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**Our health and HIV AIDS: training manual for young women and men.**
**Abstract:**
This manual aims to facilitate the training of youth and married women in health promotion. It emphasises health concerns such as reproductive health, HIV/AIDS, STDs and tuberculosis. It also promotes development of skills such as community-based counselling, friend-to-friend education, decision-making and problem solving towards happy and healthy living. Guidelines for facilitating the discussion of these topics are provided in nine lessons.

**Descriptors:** Training manual // Health promotion // Life skills // Peer education // Counselling // HIV/AIDS

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**Abstract:**
This training module is designed to develop human resources in communities. It is useful for PKBI personnel in reviewing problems; developing project concepts; and managing, monitoring and evaluating projects related to adolescent, HIV/AIDS, and family research and development issues. It includes an orientation to NGOs working in reproductive health, particularly PKBI, and a section on motivating a team towards project directives.

**Descriptors:** Training manual // Programme planning // Adolescent reproductive health // HIV/AIDS programmes // Social research // Team building // Evaluation // HIV/AIDS
Abstract:
The material documents the day-to-day proceedings of a three-day HIV/AIDS/STDs orientation training held in Bakhumdo, Lalitpur on 22-24 March 2001. The topics covered were: epidemiology of HIV/AIDS; modes of transmission of HIV/AIDS; prevention of HIV/AIDS; sexually transmitted diseases (STDs); psycho-social aspects of HIV/AIDS; HIV/AIDS counselling; HIV/AIDS prevention activities; and development of district work plans. The workshop output is found in the annex.


HIV/AIDS Communication

Abstract:
The manual covers the following: national and international situation on HIV/AIDS; reproductive health and anatomy; facts on HIV/AIDS; behaviour change; sex and sexuality; STD and proper treatment; use of condom; role of a friend-teacher; and use of IEC materials.

Abstract:
The manual provides a three-day curriculum for the orientation and communication training on STD/HIV/AIDS and girls trafficking. It also contains fact sheets on HIV/AIDS/STDs and related information such as modes of transmission and prevention; condom overview; and elements of outreach and peer education.


Abstract:
The manual discusses the facilitator’s function and need for training or education. It then covers HIV/AIDS/STD-related facts such as modes of transmission, symptoms of HIV/AIDS; use of condoms and ways of providing information on HIV/AIDS/STD to peers.

**Abstract:**
This training package, primarily intended for training NGOs, consists of six parts: a video on the HIV/AIDS epidemic, with a focus on Kazakhstan; a trainer’s guide to training rules, dynamics and techniques; a sample 12-session training including topics on HIV/AIDS as a national priority, the health promotion concept, dealing with risky behaviour, and communication channels; an evaluation form; a background reader on the steps to project planning, the basics of AIDS, STDs and drugs, working with groups of high-risk behaviour, and global HIV statistics; and a set of overhead sheets bearing UNAIDS statistics.


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**Abstract:**
The training package is to be used primarily for conducting a one-day training workshop for media professionals. The package contains a video dealing with the HIV/AIDS epidemic, with a focus on Kazakhstan. It also offers a complete 12-session training programme including topics on the HIV/AIDS epidemic, communication channels, interviewing people with HIV/AIDS, delivering a message to Kazak youth and gender issues; an evaluation form;
a background reader expounding on the basics of AIDS, STDs and drugs, developing communication programmes, reporting and local agencies to contact; and a set of overhead sheets of UNAIDS statistics and guidelines for journalists.


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**Abstract:**
This material presents an outline of a workshop aimed to: teach how to effectively reach out with messages on avoiding exposure to HIV and promoting healthy lifestyles; and elevate the care, compassion and hope for Nepali people living with HIV/AIDS. The workshop tackles the HIV/AIDS challenges, barriers to prevention, global and national statistics, medical perspectives, transmission, prevention and issues faced by various populations particularly people with HIV/AIDS. It also provides skills for communicating on HIV/AIDS, including counselling and public speaking skills.


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**Life Skills**

Abstract:
This training curriculum consists of various activities that help build and strengthen life skills needed in the prevention of HIV and STI. The activities include an examination of personal goals, the impact of HIV infection, personal and peer sexual behaviour, ways to solve problems, ways to communicate and ways to express love. The activities also show participants that HIV-antibody testing is the only way of telling who is infected, and helps them analyse the most appropriate time for HIV testing in the context of marriage.


Abstract:
The material covers the contents of a training programme on youth health and life skills for youth group leaders. The contents are: introduction to support group for youth health and life skills; process of sexual development; birth control; reproductive health and sexually transmitted diseases; HIV/AIDS infection; sexual relationship; young people’s health; partner choice; sex recognition; young people with job-creating and income-generating activities; peer education and communication skills; and becoming a community guide.

TRAINING MATERIALS

Royal Thai Air Force.
Directorate of Medical Services.
Preventive Medical Department.
Lecturer's handbook on Quality of Life Project for the enlisted officers of the Royal Thai Air Force.
Bangkok: s.n., 2002.
102 p. Thai.

Abstract:
The handbook contains the training programme on quality of life for the Royal Thai Air Force. The topics covered include: safer sex; condom use; effects of drug addiction; developing self confidence; controlling anger; releasing tension; and various life skills.


UNICEF.

Abstract:
The aim of this manual is to introduce teachers and others who work with young people to a way of teaching drug education and other health issues such as HIV/AIDS based on the development of links between knowledge, value and skills. The contents of the manual are: an introduction to its approach, planning for life skills-based education for drug use prevention, activities for developing various life skills (communication, decision-making, assertion, self-awareness building skills and coping and stress management skills), facilitation methods, workshop organisation, and background information to drugs and HIV/AIDS.

Descriptors: Training manual // Teaching-learning activities // Teaching techniques // Programme planning // Drug use and control // Life skills // Peer education // Counselling // HIV/AIDS
**Abstract:**
The manual includes instructions for implementing a peer education training programme. It provides objectives and methods for various topics including values clarification, understanding love and sexuality and effects of unsafe sexual behaviours.


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**Abstract:**
The material presents an outline of a workshop for teen peer educators in Nepal regarding HIV/AIDS prevention through a peer education programme aimed at reduction of HIV infections among Nepali teens and ending the discrimination of friends who live with HIV/AIDS. The workshop teaches how to educate peers on avoiding exposure to AIDS and provides basic information on HIV transmission and prevention. It also offers to build communication skills and strategies through role-playing exercises in the context of Nepali culture and language.

**Descriptors:** Training manual // Peer education // HIV/AIDS basic facts // Communication skills // HIV/AIDS
Malla, Dhana et al.  
**A training manual on HIV/AIDS peer education.**  

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**Abstract:**  
This manual provides the basic concepts of peer education approaches to trainees and helps them develop skills to impart HIV/AIDS and related information to their peers. It focuses on four major areas: the peer education approach in general; HIV/AIDS/STD information; sex and sexuality information; and communication skills and techniques. The manual includes a five-day training curriculum, covering objectives, duration, methodologies, process and materials required.

**Descriptors:**  Training manual // HIV/AIDS basic facts // Peer education // Sexuality // Communication skills // Sexually transmitted diseases // HIV/AIDS

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Nonthathorn Chaiphech.  
**Youth Peer Education Program Refresher Workshop, the Republic of Korea National Red Cross Seoul Training Center, Kyonggi Province, 6-8 August 1999.**  

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**Abstract:**  
The material contains the format of a workshop organised by the Republic of Korea National Red Cross for youth leaders who will be trained as peer educators. It focuses on the activities for each workshop session, detailing objectives, instructions in doing a specific activity, questions for discussion and tips for facilitators in handling a particular session. The activities were designed to build interaction, communication, decision-making, goal setting and counselling skills among others and familiarise participants with sexual issues.

**Descriptors:**  Peer education // Communication skills // Life skills // Sexuality // HIV/AIDS
**Friends tell friends: a peer-based HIV/AIDS curriculum for blue collar and white collar workers.**


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<th>0115</th>
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<tbody>
<tr>
<td><strong>Type of Material:</strong></td>
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<tr>
<td><strong>Objectives/Specific Use:</strong></td>
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<tr>
<td><strong>Educational Level:</strong></td>
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<tr>
<td><strong>Introduction Approaches:</strong></td>
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<td><strong>Methodologies Used:</strong></td>
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<td><strong>Country/Region:</strong></td>
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**Abstract:**
This manual features a training curriculum for health promotion of workers. In the first chapter of the curriculum, the individual's level of competency in decision-making and problem solving is examined. In the second chapter, communicable and non-communicable diseases are differentiated to emphasise how HIV and STDs are transmitted. In the following chapter, the reasons for illness, how health is promoted, how illness is managed in the home environment, and the capacity to care for family and friends with HIV are discussed. The next chapter combines understanding and development of non-formal counselling skills. The final chapter assists in developing an action plan for communicating with others effectively.


**UNESCO-UNFPA.**
Peer education program - teaching notes and outline of program content.

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<td><strong>Type of Material:</strong></td>
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<td><strong>Methodologies Used:</strong></td>
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<td><strong>Country/Region:</strong></td>
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</tbody>
</table>
**Abstract:**
The outline presents the activities, duration and objectives of each activity in a five-day training workshop on peer education. The teaching notes contain details of the content outline. Among the topics covered are: reproductive health – definition and components; adolescence and puberty; sexual and reproductive anatomy; condom use; HIV/AIDS; STD; gender and relationships; communication; and drugs and alcohol.

**Descriptors:** Training // Peer education // Reproductive health // Adolescence education // Sexuality // Anatomy // Condom usage // Sexually transmitted diseases // Gender // Communication skills // Drug use and control // HIV/AIDS

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**Reproductive Health and Sexuality**

**Adolescent health & development: adolescent friendly health services training content book.**
English, Nepali.

**Abstract:**
This material is an accompanying book to the facilitator’s guide for a seven-day training on adolescent friendly health services. The discussions form part of the training lectures, which cover the following topics: adolescent health and development; life skills education; reproductive health; sexuality, health and development; and counselling.

**Descriptors:** Lectures // Adolescent reproductive health // Life skills // Sexuality // Health promotion // Health services // Counselling // HIV/AIDS

Abstract:
The guide provides the details of conducting a seven-day workshop that aims to orient service providers on adolescent health and development issues, to impart service providers with knowledge and skills of adolescent counselling, and to enable them to identify the requirements of an adolescent friendly clinic. Topics covered are: introduction to adolescent health and development; life skills education; reproductive health; sexuality; health and development; and counselling. Each section has instructions for facilitators and overhead sheets.

Descriptors: Training manual // Health services // Adolescent reproductive health // Sexuality // Counselling // Life skills // Health promotion // HIV/AIDS

Abstract:
This book provides guidelines on how to organise training courses on adolescent reproductive health (ARH) and the contents of the training programme, which include: ARH overview, myths and facts; description of the adolescent phase; development periods from childhood to adulthood; obstacles and challenges to ARH; puberty and friendship; marriage and family happiness; social and legal aspects of sexual behaviours affecting ARH; and roles and responsibilities of individuals participating in ARH activities.

Abstract:
Nine modules in this guide provide guidance counsellors, student leaders and facilitators with step-by-step methods in conducting training programmes on adolescence and issues related to sexuality, health and development. The first two modules set the training programme in context with opening activities and an overview of campus-based programmes to which the training is integrated. The next three modules provide a framework on human sexuality and adolescence as a transition period; an opportunity to rediscover one’s adolescent and sexuality issues and experiences through introspection; and discussions on relationships, sex, pregnancy, gender orientation, STD/HIV/AIDS and sexual harassment. The last four modules cover techniques in peer counselling, group facilitation, advocacy and action planning. Appendices include a list of referral agencies in the Philippines as well as games that may be used as training ice breakers.

Abstract:
This manual informs trainers the importance of sexual education and the role of educators and parents in sexual education. It orients educators to a five-day training programme on sexuality and reproductive health for school students and offers day-to-day training session plans.

Descriptors: Training manual // Sexuality // Adolescent reproductive health // Life skills // HIV/AIDS
Abstract:
This handbook introduces sexual health and provides a framework for planning, implementing and evaluating sexual health training courses. A section for introspection encourages trainers to consider personal motivations for discussing sexual health. Steps and questions to consider for planning a training course are presented. Another section provides methods, communication principles, and group skills needed to get the message across participants. Fact sheets on sexual changes in adolescence, family planning methods, STDs, AIDS and others are provided. Case studies and activities as well as guidelines on how to assess the value of a training course are featured. A sexual health resource list provides descriptions of related training materials, teaching tools, posters, videos, comics, games, information sources, newsletters and resource guides.


Abstract:
This is a self-study workbook of a 12-module course on adolescent reproductive health, including basic information on various topics, exercises, questions and answer keys, points to discuss with colleagues taking the course, and suggested teaching strategies for discussing the subject with young students. An introductory module explains about the material
and various participatory training methodologies. Other modules explore the physical, mental and emotional changes during adolescence as well as changing views and experiences of young people with friendship. The meaning of love is discussed and the responsibilities coming with parenthood are introduced. A module on sexuality and reproduction explains how pregnancy happens. This is followed by modules on early pregnancy, contraceptives, and adolescent reproductive health issues, such as STDs/HIV/AIDS, and how to prevent them. Gender equality; adolescents and children’s rights; and roles of the family are discussed in the context of Viet Nam. Finally, various aspects of reproductive health and its relationship with family planning are explored. An annex on counselling adolescents is included.


Abstract:
This module provides exercises, reading materials, visual aids and teaching plans for examining the risks involved with sexual intercourse among adolescents, such as pregnancy, abortion, HIV/AIDS, and reproductive tract problems. A lesson on delaying sex is included.


Type of Material:
Training materials - Reproductive health and sexuality

Objectives/Specific Use:
Training/seminar/workshop

Educational Level:
Non-formal education - Mixed level

Introduction Approaches:
Part of training programme

Methodologies Used:
Mainly participatory activities and skills-oriented - Assorted activities

Country/Region:
Indonesia
Abstract:
This contains a set of instructions for nine class meetings on adolescent reproductive health. The topics include adolescence, friendship, love, sexuality, responsible decision-making, STD/HIV/AIDS prevention, avoiding drugs and life goal setting.

Teachers’ Training


**Abstract:**
This training package comprises eight modules for use of master trainers and secondary school teachers. The first six cover the basic content of population and adolescence education – its history; population; environment and sustainable development; gender equality and quality of life; needs of adolescents and reproductive health; and AIDS preventive education. The seventh module enables trainees to identify population education elements in secondary school textbooks. These first seven modules are presented as structured training sessions including questions for discussions, full-text explanations of concepts and overhead sheets. The last module outlines nine activities that enable trainees to effectively communicate with adolescents. The appendices contain a recommended schedule of a four-day training programme for the package; a guideline for organizing co-curricular activities for secondary school students; a pre- and post-training test; a programme evaluation; and a directory of officials involved in the development of the training package.

Abstract:
The material contains a guide for conducting a one-day training workshop on HIV/AIDS for school teachers, who will in turn train students and/or their parents in subsequent workshops. It provides a sample workshop programme covering major topics such as HIV/AIDS promotion in Kazakhstan, delivering messages to youth in Kazakhstan, and dealing with risky behaviour and threats. It also provides some background information on HIV/AIDS/STD/drugs and a global situationer on HIV/AIDS.


Abstract:
This training package, prepared to assist teachers in dealing with adolescence education, is divided into 13 modules: adolescence education and teacher preparation; adolescent growth and development; self concept and interpersonal relationships; developing personal and interpersonal skills; sexual behaviour; reproductive health; sexuality, society and culture; values; education about parenthood; family and society; drug abuse; and counselling. Each module is divided into lessons, which include procedures for implementation, all basic background materials, suggested activities and evaluation.


Abstract:
This manual will help teacher trainers in building competencies of young teachers to conduct HIV/AIDS teaching-learning sessions in the classroom. The manual includes general guidelines for trainers, instructions for using the manual, and eight modules, each with complete directions for conducting various training activities. The first training module examines the HIV/AIDS pandemic as a global and community concern in Asia and the Pacific. This is followed by a module that presents HIV/AIDS basic facts, myths and high-risk behaviours. The third module presents the impact of HIV/AIDS and highlights the importance of care, support and positive living for people with HIV/AIDS. The next two modules draw measures for protecting oneself from contracting the disease and define community roles for disease prevention and control. The last three modules discuss HIV/AIDS preventive education - how it is integrated into the curriculum and the relevant learner-centred strategies, life skills techniques and assessment tools to use.

Abstract:
This advocacy workshop design was intended to promote preventive HIV/AIDS education in secondary schools. The first module discusses basic issues about HIV/AIDS, highlighting it as a problem of the community. The next module examines the need for preventive education in AIDS/STD among adolescents. This is followed by an explanation of the conflicts and confusions experienced by adolescents during puberty and how to deal with this. The last module assists participants in identifying opportunities and developing methodologies to promote preventive education on AIDS/STD with the school faculty and parents of students.

**Abstract:**
This poster is an awareness campaign on AIDS and STD.

**Descriptors:** Poster // HIV/AIDS education campaign // HIV/AIDS prevention // Sexually transmitted diseases // HIV/AIDS

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**Abstract:**
This is a poster on basic AIDS facts - what is AIDS, how it is and how it is not transmitted and ways to prevent it.

**Descriptors:** Poster // HIV/AIDS basic facts // HIV/AIDS prevention // HIV/AIDS
0136

**Type of Material:** Support AV materials  
**Objectives/Specific Use:** Awareness and advocacy/promotion  
**Educational Level:** Non-formal education - Mixed level  
**Introduction Approaches:** Generic material  
**Methodologies Used:** Others  
**Country/Region:** Maldives

**Abstract:**
This poster endorses the use of condoms to prevent HIV/AIDS.

**Descriptors:** Poster // Condom usage // HIV/AIDS prevention // HIV/AIDS

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0137

**Type of Material:** Support AV materials  
**Objectives/Specific Use:** Awareness and advocacy/promotion; Developing knowledge  
**Educational Level:** Non-formal education - Mixed level  
**Introduction Approaches:** Integrated into health centre/clinic programme  
**Methodologies Used:** Mainly textual/lectures  
**Country/Region:** Mongolia

**Abstract:**
This flipchart contains basic facts and information with illustrations on reproductive anatomy, contraceptive methods, and STI/HIV/AIDS.

**Descriptors:** Flipchart // Reproductive health // HIV/AIDS basic facts // Sexually transmitted diseases // Contraceptive methods // Anatomy // HIV/AIDS

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**Department of Public Health.**  

**SUPPORT AV MATERIAL**

Type of Material: Support AV materials

Objectives/Specific Use: Behaviour change communication

Educational Level: Non-formal education - Mixed level

Introduction Approaches: Integrated into youth/teen centres

Methodologies Used: Mainly participatory activities and skills-oriented - Values clarification

Country/Region: Philippines

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**Abstract:**

This video, hosted by the comical character Gusting Towers, features HIV and responsible sexual behaviour. It dispels myths about who is HIV-free and who is not. Five situations demonstrating various sexual behaviours are then presented to achieve a value framework. Gusting Towers raps about responsible sex, highlighting condom use and emphasising respect for self, others and loved ones. The video is accompanied with a discussion guide for facilitators.

**Descriptors:** Video // HIV/AIDS myths // Behaviour change // Condom usage // Sexual behaviours // HIV/AIDS
EDUCATIONAL LEVEL

Formal education - Higher education
0019, 0032, 0063, 0065, 0111, 0121, 0132

Formal education - Primary
0024, 0035, 0036, 0037, 0042, 0046, 0050

Formal education - Primary and Secondary
0016, 0021

Formal education - Secondary
0011, 0012, 0018, 0020, 0022, 0027, 0030, 0031, 0033, 0038, 0039, 0040, 0041, 0043, 0044, 0048, 0052, 0053, 0054, 0056, 0066, 0070, 0074, 0110, 0124, 0126, 0128, 0130, 0131, 0133

Formal education - Secondary and Higher education
0129

Management
0005, 0006, 0007, 0008, 0010, 0013, 0014, 0015, 0023, 0096

Non-formal education - Equivalent to secondary
0082, 0088

Non-formal education - Mixed level
0002, 0009, 0025, 0026, 0047, 0049, 0051, 0055, 0057, 0058, 0059, 0060, 0061, 0062, 0064, 0068, 0072, 0075, 0076, 0077, 0079, 0080, 0081, 0084, 0085, 0086, 0087, 0089, 0093, 0094, 0097, 0098, 0106, 0101, 0103, 0107, 0108, 0112, 0113, 0115, 0116, 0119, 0122, 0123, 0125, 0134, 0135, 0136, 0137, 0138

Non-formal education - Neo literate
0034, 0067, 0069, 0071, 0073

Non-formal education - Post literate
0017

Practitioners
0001, 0003, 0004, 0028, 0083, 0095, 0100, 0104, 0117, 0118

Training - Advance
0102, 0120

Training - Basic
0045, 0090, 0091, 0092, 0099, 0105, 0109, 0127

Training - Refresher
0114

Vocational training
0029

Others
0078
**INTRODUCTION METHODS/APPROACHES**

<table>
<thead>
<tr>
<th>Generic material</th>
<th>Integrated into youth/teen centres</th>
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<tbody>
<tr>
<td>0001, 0002, 0005, 0006, 0007, 0009, 0010, 0015, 0052, 0055, 0056, 0057, 0058, 0059, 0060, 0061, 0062, 0064, 0065, 0067, 0068, 0069, 0070, 0071, 0072, 0073, 0074, 0075, 0076, 0077, 0078, 0081, 0084, 0085, 0100, 0134, 0135, 0136</td>
<td>0119, 0138</td>
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<tr>
<td>Integrated into health centre/clinic programme</td>
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<tr>
<td>0003, 0004, 0083, 0137</td>
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<tr>
<td>Integrated into non-formal or development education programmes</td>
<td>Part of co-curricular activities</td>
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<td>0021, 0024, 0044, 0128</td>
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<tr>
<td>Integrated into population education</td>
<td>Part of family life education, population education, life skills education, sexuality education, adolescent reproductive health education</td>
</tr>
<tr>
<td>0124</td>
<td>0012, 0017, 0018, 0019, 0025, 0033, 0040, 0043, 0046, 0051, 0053, 0063</td>
</tr>
<tr>
<td>Integrated into school subjects</td>
<td>Part of training programme</td>
</tr>
<tr>
<td>0011, 0016, 0020, 0023, 0030, 0031, 0032, 0035, 0036, 0037, 0039, 0041, 0042, 0050, 0066, 0126, 0130, 0132, 0133</td>
<td>0027, 0045, 0087, 0088, 0089, 0090, 0091, 0092, 0094, 0095, 0096, 0097, 0098, 0101, 0102, 0104, 0105, 0106, 0108, 0109, 0111, 0112, 0113, 0114, 0116, 0117, 0118, 0121, 0122, 0123, 0125, 0127, 0129</td>
</tr>
<tr>
<td>Integrated into social studies</td>
<td>Separate subject</td>
</tr>
<tr>
<td>0029</td>
<td>0022, 0038, 0048, 0054, 0110</td>
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</table>
METHODOLOGIES USED

Combination of basic contents/lectures and skills/participatory-oriented activities
0011, 0013, 0016, 0017, 0020, 0021, 0029, 0030, 0032, 0033, 0034, 0039, 0040, 0041, 0042, 0058, 0066, 0086, 0087, 0088, 0089, 0091, 0092, 0093, 0095, 0096, 0099, 0101, 0102, 0103, 0106, 0108, 0111, 0112, 0116, 0118, 0119, 0120, 0121, 0122, 0124, 0127, 0128, 0129, 0131

Mainly participatory activities and skills-oriented - Assorted activities
0008, 0010, 0014, 0018, 0019, 0022, 0024, 0026, 0027, 0035, 0036, 0037, 0038, 0043, 0044, 0045, 0046, 0048, 0050, 0053, 0082, 0090, 0094, 0104, 0105, 0109, 0113, 0114, 0125, 0126, 0132, 0133

Mainly participatory activities and skills-oriented - Group discussion
0123

Mainly participatory activities and skills-oriented - Life skills
0023, 0025, 0028, 0047, 0049, 0051, 0097, 0098, 0107, 0110, 0115

Mainly participatory activities and skills-oriented - Values clarification
0138

Mainly textual/lectures
0001, 0002, 0003, 0004, 0005, 0006, 0007, 0009, 0012, 0015, 0031, 0052, 0054, 0055, 0056, 0057, 0059, 0060, 0061, 0062, 0063, 0064, 0065, 0067, 0068, 0069, 0070, 0071, 0072, 0073, 0074, 0075, 0076, 0077, 0078, 0079, 0080, 0081, 0083, 0084, 0085, 0100, 0117, 0130, 0137

Others
0134, 0135, 0136
OBJECTIVES/SPECIFIC USED

Awareness and advocacy/promotion
0011, 0021, 0052, 0055, 0057, 0060, 0067, 0068, 0069, 0070, 0073, 0074, 0075, 0078, 0096, 0098, 0111, 0134, 0135, 0136, 0137

Behaviour change communication
0053, 0079, 0080, 0110, 0138

Counselling
0001, 0088, 0090, 0091, 0092

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0018, 0023, 0025, 0130

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0029, 0031, 0034, 0037, 0054, 0056, 0059, 0061, 0062, 0064, 0066, 0071, 0077, 0081, 0082, 0085, 0103, 0104, 0105, 0117, 0124, 0126, 0132

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0002, 0009, 0024, 0028, 0042, 0043, 0044, 0048, 0049, 0051, 0093, 0107, 0114, 0115, 0118

For reference use
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IEC communication and motivation
0058, 0083, 0127

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0015

Mass media and IEC campaign
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Policy making and programme formulation
0008, 0012, 0013, 0014

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0087, 0094, 0095, 0097, 0099, 0100, 0101, 0102, 0106, 0108, 0109, 0112, 0113, 0116, 0119, 0120, 0121, 0122, 0123, 0125, 0129

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0003, 0004, 0076
**TARGET AUDIENCE**

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</table>
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